Principal’s Report

Jump rope For Heart: Next week we will be handing out sponsorship forms for this year’s Jump Rope For Heart. Our Jump Off Day will be on the 31st July and we will have a visit from the Jump Rope For Heart Team next Monday to talk about Jump Rope for Heart and see a demonstration. We are looking forward to supporting this great cause.

Disco: Our disco is being held next Wednesday 25th June with K – 2 students discoing from 5.30 – 6.30pm and Yr 3 -6 students dancing up a storm from 6.30 – 8pm. Notes have been sent home for students to order their dinner between discos. A note was also sent to Year 6 student to make glow in the dark loom bands to be sold on the night.

School Photos: School Photos have arrived and are being sent out this week. They look fabulous and the whole school photo is wonderful. It has been hung in the school office so stop by and have a look when you are next visiting the school.

Driving Safely around the School: I had a report last week about a car being parked across the school driveway during pick up time. As a result, parents and students found it difficult to see past the car to cross the road safely. Please be mindful of where you park when picking up your child so all students can cross the road safely.

Canberra Excursion Deposit: Our Stage 3 students are off to the very exciting Canberra excursion next term and the plans are in the final stages for the trip. If your child is intending to go on the excursion, a deposit of $50 is required to be paid to the office by the end of next week, Friday 20th June as we need to send our final numbers to the bus company.

CAPA Assembly: Advance notice that our Creative and performing Arts Assembly will be held on the last day of this term at 1.30pm. There will be performances by the choirs, band, guitar group and Year 3/4 percussion group as well as our regular award presentation. Parents are very welcome to attend. Please note: the event will be postponed if it is raining.

Class News

Kindergarten

Kindergarten had the pleasure of a visit from Shontelle's mum, Cherelle, last week. She shared the book she has written and published about memories of growing up with her grandfather. We were thrilled to have shared this story time! Some students have been inspired to 'write' their own books!

Kindergarten Public Speaking finals are on this Friday. Congratulations to Shontelle, Talia, Hallie and Kamea for making it through to this level.

I am including some information about “W sitting” and why it is not recommended. Please watch your child and correct the way they sit if you notice he/she is sitting this way.

W-Sitting In Children
By Jacqui Eaton, Physiotherapist

“W-sit” is a term to describe a sitting position in which a child sits on the floor with their bottom between bent legs and their legs rotated so they are facing away from their body. Their legs form a “W” shape on the floor.

This position of choice is usually adopted during the child’s transition from crawling to sitting. It is adopted primarily because having a wide base gives the child stability. The result is that the child’s trunk muscles are denied valuable practice in adjusting to lateral (sideways) weight shifts.

W-sitting is discouraged because of the long-term effect it could have on the muscles and joints of the back, hips, knees and feet.

What can you do to help avoid W-sitting?

- Break the habit
- Sit on chairs appropriate for your child’s height and weight
- Encourage cross legged sitting
- Encourage crawling
- Build balance and core stability – a physiotherapist can guide you through this.

Sources:
University of Newcastle Paediatric Physiotherapy Module
Sydney Children’s Hospital Outpatients Department
Paediatric Physiotherapy Department – Grafton DADHC
Margaret Stroh – learninglinks.org.au
LaurenWelle.com

Ms Hook

1/2

The 1/2 Star of the Week is Koby! Well done Isabelle, Aliyah, Keely, Alby, Daniel, Ben, Jaden and Alyssa who all achieved 100% in their spelling test last week. Congratulations to all our public speaking finalists who spoke at assembly last Friday and well done to Alyssa and Grace, who will both be representing our school in upcoming public speaking competitions.

This week, Mr Derbyshire is at The Entertainment Centre with our Star Struck group. In his absence, the class will have casual teachers who will be following our normal routines as much as possible.

Year 1 and 2 have been learning about factual texts in Literacy time. We have identified that factual texts are about real things and that the purpose of a factual text is to inform and explain.

Mrs Halligan and Mr Derbyshire

3/4

Next week there will be a HSIE test, (Human Society and its Environment). I have put the test on display and the children are welcome to copy questions and study them at home. The test is on the basic facts from class discussions we’ve had this semester.

We are learning some new songs in preparation for the upcoming concert and the children are really enjoying them. For one song, “Those Magnificent Men in their Flying Machines”, we need to make some cardboard wings that could be strapped to the children’s arms. If you have any large pieces of cardboard from boxes or packaging, they may be suitable and we would appreciate them very much.

Well done Evan, Kaylan, Sophie, Jay T and Tiahna who all scored 100% in the spelling last Friday.

Mr Westcott

4/5/6

Stage 3 students have been entertaining the class with their speeches this week. We have heard what students would do if they won the lotto and what the world would be like with children in charge! Miss Tahl Caban will begin working with the class next week. Miss Caban is a student teacher from Newcastle University. She will be with the class for four weeks.

Special Group Photos Ordering: Photos for: the Year 6 Group, Captains, Guitar, Band are on display in the school office and may be ordered by completing a Re-Order envelope from the school office. Please place payment, wither cash or cheque, in the envelope provided. Credit Card payment can be made online through the School Photographer web site (www.theschoolphotographer.com.au). Please enter your ORDER NUMBER on the envelope and return to school by 21st July 2014.

Photos are $14.00 each, 2 for $26.00, 3 for $36.00, 4 for $44.00 or 5 for $50.00. Any additional orders over 5 photographs are $10.00 each. This discount is only available per family order. Maxi-sized photos which are A3 in size are $20.00 (eg. Whole school).

Please note: if payments are not received before photos are sent to the school, a late fee of $5 will be incurred.

Ms Hall

Canteen reminder: Mini beef and potato pies will be on sale from this Friday for $1.20. Please remember to include an extra 50 cents when ordering cheese on hot dogs etc.

P & C Committee

Office News

CORRECTION

The Term 2 Disco date was incorrectly advertised as 18th June—The correct date is Wednesday 25th June.

Margaret & Sue

Coming Events

Term 2 Week 7
Starstruck Performances 13th & 14th June

Term 2 Week 8
Netball Gala Day 18th June
Stage 3 Public Speaking 20th June
Year 6 Disco – 25th June
Happy Birthday To:
Eva G 11th June

Canteen Roster:
Friday 13th June—Meaghan May & Trish Irwin
Monday 16th June—Meaghan May
Wednesday 18th June—Trish Irwin
A big “THANK YOU’ to all the wonderful

The Uniform Shop is open each Friday morning from 9.00 until 9.30 am for uniform sales.

Old style Stubbies brand size 12 Sport Shorts—6 pairs only MUST GO $5.00 each.

Size 10 and 12 Polo Shirts and Caps have arrived.

As this will be my last year with NWPS, I need someone to train in running the Uniform Shop—if anyone is interested please see me on Fridays.

Thanks Kylie

NORDS WHARF PUBLIC SCHOOL
“Forever Onward”

ABSENCE NOTE

Student Surname:_________________________________________
First Name:_____________________________________________
Class:_________________________________________________
Date/s of Absence:______________________________________
Reason for Absence:____________________________________
_____________________________________________________
_____________________________________________________
Parent / Guardian Signature:_______________________________
Date:_________________________________________________